

## A Guide to **Programs & Services**

# PREVENTION EDUCATION SUPPORT

## **OUR MISSION**

AIDS New Brunswick/SIDA Nouveau-Brunswick Inc. is a provincial organization committed to facilitating community-based responses to the issues of HIV/AIDS. The aim is to promote and support the health and well-being of persons living with and affected by HIV/AIDS (PLWHA) and to reduce the spread of HIV in New Brunswick.

## *DREVENTION*

A preventable disease, HIV/AIDS has reached epidemic proportions and newly reported cases remain high throughout New Brunswick and across Canada. There exists only one way to fight the virus: prevention.

Fighting the spread of HIV requires being proactive about prevention. Through the distribution of condoms and educational material, along with the delivery of a needle exchange program, partnership activities, and referrals, AIDS NB seeks to prevent the spread of HIV, sexually transmitted infections (STIs) and other Blood Borne Pathogens.

## EDUCATION

The key to prevention is education. Education is also important in helping to promote and support the health and well-being of PLWHA.

The AIDS New Brunswick education program seeks to:

Increase knowledge about HIV, STIs and sexual health among the general public, students and at-risk youth in New Brunswick;

Improve attitudes among the general public towards HIV, persons living with HIV/AIDS (PLWHA) and vulnerable to HIV;

Encourage behavioural change that will reduce the risk of HIV and STI transmission among the general public, students and at-risk vouth in New Brunswick.

## SUPPORT

Helping people to cope and improve their quality of life guides the delivery of all our support services. Providing and supporting opportunities for information sharing, skills-building, emotional and peer support, referrals and advocacy, we aim to be a source of strength and guidance for PLWHA and their informal and formal caregivers.

AIDS New Brunswick's support work seeks to:

**Increase awareness among PLWHA** about care, treatment and support options through provision of programs, information, and referrals;

Increase access to programs and services for PLWHA through provision of services, referrals, development of partnerships, and policies;

#### Increase awareness among service providers

about the care, treatment and support needs of PLWHA through workshops, presentations, material, and resources:

To learn more about the variety of services we have to offer, please visit our website, telephone us, or drop in to our office Monday to Friday, 8:30 AM to 12:30 PM and 1:30 PM to 4:30 PM. After hours services available by appointment.

You may also contact the HIV/AIDS Information Line from anywhere in New Brunswick by dialling 1-800-561-4009. Staffed by trained personnel, the anonymous and confidential line is staffed Monday to Friday, 8:30am-12:30pm and 1:30PM to 4:30PM. Available in both official languages.

Get involved in the fight against HIV/AIDS by becoming a member, volunteering, or making a donation!

Significant material, financial, and human resources go into the work we do. Ensuring the effective development and delivery of our programs and services requires your help!

## THANK-YOU

Our work is made possible through funding and support from our primary funding partner the Public Health Agency of Canada - AIDS Community Action Program, the New Brunswick Department of Health, community donations, members, volunteers, and partners.

## **PUT UP YOUR DUKES!**

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### **CONTACT INFO**

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